

# St. Patrick's Lenten Retreat

## Why does it hurt to come into union with God?

Exploring the *dark night of the soul* which leads to deep intimacy With God, using stories, humour and the Saint doctor's of the Church.

By Fr. Douglas MacDonald  
Pastor in Diocese of Antigonish  
Chaplain Cape Breton  
University



March  
15 – 18

The Lenten Retreat includes the weekend Masses and the three evening sessions.

*Evening talks start at 6:30 pm – 7:30pm*

**Saturday, March 15 – Mass at 5:00 pm**

**Sunday, March 16 – Mass at 9:00 am and 11:00 am**  
**Evening talk: Purgative Way or kiss of Christ's feet**

**Monday, March 17 – Mass at 9:30 am for the Feast of our Patron, St. Patrick, followed by snacks and fellowship.**  
**Evening talk: Illuminative Way or kiss of Christ's hand**

**Tuesday, March 18 – Mass at 9:30 am followed by exposition of The Blessed Sacrament until 12:00 noon**  
**Evening talk: Unitive Way or kiss of Christ's lips**  
**Confessions at 7:00 pm**

*Where there is suffering, there is growth; so when the ego Dies, the soul awakens. Consider going on this interior journey this Lent, remembering God is always loving us.*